

What is your purpose? Do you really know? The word ‘purpose’ is used so often these days and has become a significant ‘buzz’ word in many self help communities, but Finding your purpose is the beginning of becoming who you were meant to be in this world.

Why do you get up? What is motivating you? Where do your passions lie?

Let’s start by just really reflecting on just that.

First and foremost we need to feel good about who we are and what we are about

This Daily Inspirational Checklist is intended to get you to look beyond whatever circumstances you are facing and reach and **Find** that ***Something More***.

Start each day by asking yourself the following questions:

1. How would you describe the person you are today?
2. What are you most grateful for today?
3. What is your absolute greatest core strength?
4. What has been your single biggest fear up to this point?
5. What are the things in you and your life that have helped to overcome this fear?
6. Write down the three most essential things in your life right now.
7. What are your three most significant accomplishments?
8. What would you say is holding you back from achieving more?
9. How do you feel about the love you gave to yourself yesterday?
10. What could you do today to love who you are more?
11. What value did you place on your contributions yesterday, and how can you increase that value today?
12. What old stories are you still telling yourself that makes you settle for less?
13. How can you bury those stories today and write new ones?
14. What positive actions will you take today to create bigger and better results in your life?
15. What one thing are you going to do today *to get out of your own way*?

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Begin Charting Your Course, In My Life So Far....

Someone I've already taught

Someone I've already supported or helped:

Someone I've already forgiven:

Something in my community I've already changed for the better:

Moving Forward...

Someone I will teach or mentor:

Someone I will support or help:

Someone I will encourage or inspire:

Someone I will forgive:

Something in my community I will change for the better:

Your purpose is created every day. It lives within you but gets covered up by fears and routines that shine a light on everyone but you!

Finding your purpose is the beginning of becoming who you were meant to be in this world. All it takes is a daily routine of supporting who you are and where you feel you must go.

Lots of love to you each day! Visit us when you want to **Find Something More™!**